

Selected Product Descriptions from Lantern's Strain Guide

Full library of cannabis strains can be found on [Lantern's website](#).

Purple Haze

With a high-energy punch that kicks things off at 11 and only gets louder from there, it's no wonder why the Sativa strain Purple Haze shares a name with Jimi Hendrix's guitar classic. Like the first verses of the song, this strain is known for hitting users with a power chord of uplifting vibrance and euphoria.

If a body buzz and unbounded creativity sounds like your jam, you will definitely want to add Purple Haze to your regular playlist. In fact, this strain can help generate the perfect vibes for a day of stronger focus and imaginative thinking.

Some users report a cerebral, psychedelic feeling that snuck up on them with Purple Haze, so be sure to try it out in a comfortable environment until you understand how it will affect you.

Purple Haze is believed to be a descendant of the strains Haze and Purple Thai, which would explain its earthy, spicy aroma and berry-tinged taste. Some users experience dry mouth and eyes after consuming this strain, so be sure to stay hydrated as you get into the gleeful groove of Purple Haze.

Bullfighter

It's no bull: Consumers everywhere are reporting that the indica-dominant hybrid strain Bullfighter helps them manage symptoms associated with insomnia, anxiety, and chronic pain.

Similar to a bull itself, this creation from Exotic Genetix can be strong and heavy. Like other high-potency strains, it's recommended that you first try Bullfighter in a comfortable environment and stick to the golden rule: go slow and start low.

Unlike the rush and excitement of an actual bullfight, the Bullfighter strain's effects can subtly sneak up on users. Many say it gives them a strong body high that helps them eliminate pain and tension, but without a sedative effect that leaves them tied to the couch.

As is often the case with cannabis, effects can vary widely from person to person. Some people who try Bullfighter also report that it puts them in an uplifted groove, or even helping them feel

creative and motivated. However, if a siesta is calling, Bullfighter still helps many calm down and ease into sleep, making it a good choice to help manage insomnia. Try enjoying Bullfighter on a rainy afternoon while enjoying a good book, jamming with friends, or when you're waiting for inspiration to come to you like a charging bull.

[Flo](#)

Looking for a cannabis strain that provides both mental clarity and a sensual body high? Go with the Flo!

Those who try Flo report feeling energetic and uplifted. Flo's indica side balances out this buzz and helps consumers feel focused and introspective.

These qualities make Flo a great strain for when you want to productively work on creative projects or have a deep conversation with friends about the mysteries of the universe. People who have tried Flo also recommend consuming it before sex for a more exciting and passionate experience. Avoid killing the mood by trying Flo beforehand so you know the best amount for your body. Like all new strains, be sure to stick to the golden rule: start low and go slow.

Outside of the bedroom, Flo is a popular choice for relieving pain caused by arthritis or migraines. Patients also say it helps them with nausea and loss of appetite.

If you're looking for a high-yield cannabis strain to grow yourself, Flo lives up to its name by producing a "flow" of buds. This means that one plant can provide multiple harvests! This trait helped make Flo the #1 rated Cannabis Cup winner of 1996.